



# Hex Dumbbells

HDB05-HDB120

Fitness Canada PVC Hex Dumbbells are designed for durability, comfort, and long-term home gym use.

Available from 5LB to 120LB in 5LB increments, these dumbbells feature a solid forged steel core and protective PVC coating for reliable performance and floor protection.

## Weight Range

- 5LB – 120LB
- 5LB increments
- Sold individually or in pairs

## Construction

- Solid forged round steel core
- 15% PVC protective coating
- Hex design prevents rolling
- Corrosion-resistant structure

PVC coating provides surface protection while maintaining structural integrity.

## Handle Specifications

### Handle Length:

12.8 cm (5.04 inches)

### Knurl Type:

M0.5 Medium Grip Knurl

### Grip Diameter:

#### 5–20LB

- Max Diameter: 30mm
- Minimum Grip Diameter: 23mm

#### 25–120LB

- Max Diameter: 35mm
- Minimum Grip Diameter: 28mm

Grip profile is engineered for controlled handling across all weight ranges.

## Performance Notes

- Balanced weight distribution
- Stable hex head design
- Suitable for home gyms and light commercial environments